





## Embodied Visions | Ella Baudinet

26th May - 11th July 2023

The ARX presents *Embodied Visions*, a curation of paintings by Ella Baudinet. The collection spans the artist's spiritual journey of creation, manifestation and resolution, featuring works created between 2022-23 during her residency at The ARX in summer 2022 and in her studio in Melbourne, Australia.

Baudinet's works have an inherent abstract-surreal quality, encouraging the observer's complete presence and facilitating introspective reflection. Embodied Visions invites viewers to explore their own subconscious through the provocation elicited by the paintings.

The collection reflects the evolution of the soul, documented through the exploration into uncharted painting terrain. Baudinet's work has been integral to her healing and mindfulness journey, utilising art for growth and transformation.

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## Notes to Editors

The ARX - The ARX redefines the gallery experience, with its whole-home luxury concept which brings together the worlds of art, design, craftsmanship and cutting-edge technology, within a visionary 15,000sq ft space located in the heart of London's Knightsbridge. Private appointments are available via enquiries@thearx. Visit the gallery at 197-205 Brompton Road, Knightsbridge, London, SW3 1LB on public open days, Fridays and Saturdays 11am – 6pm. <a href="www.thearx.com">www.thearx.com</a> @the\_arx\_london.

**Ella Baundinet** - Ella Baundinet is an Australian artist who has been exploring the unity of the mind, body and spirit through her painting practice for over a decade. Her work is an exploration into her own journey of healing and discovery, and an invitation to reconcile with the conflicting aspects within. Baundinet started to use technology as a way of fast tracking her creative process in 2014 to better fulfil her vision. Baundinet continues to explore the potentiality of new mediums, particularly technology, while still having a deep love for painting.