

Spring / Summer

Residential Visits to Fordhall Organic Farm



“By restoring connections between hearts, minds and the soil, we will encourage and create meaningful change which helps build health and resilience within people and planet.”

Introduction

A residential visit to Fordhall Organic Farm offers groups the opportunity to immerse themselves into life here at Fordhall. In the morning, you will get stuck in on our Farm to Fork tour learning about everything from worms and grasses, to livestock and food miles; followed by an instructor led afternoon in our very own woodland, focusing on team-building with child-led activities. Options include building shelters, slacklining, nature play and crafts.

The evening will consist of a hearty shared meal before relaxing around a campfire with a marshmallow and hot chocolate before turning in for the night in our beautiful Straw Lodge.



The next morning is dependent on the season but is likely to involve a conservation task or lending a hand in our Community Garden; tasks that could see us doing anything from planting seeds and weeding the beds to creating mud baths for pigs and making natural bird feeders. This will be followed by a short habitat hunt to explore and discover the many bugs and insects in their natural environment hidden around the farm.





LEAF
Farmer &



Standard 1-Night Itinerary

		Day 1	Day 2
08:00			Breakfast
09:00 – 10:00		Arrive at Fordhall at 09:45	Morning Duties Seasonally dependant jobs, which could include: watering the garden, feeding the cows, checking the lambs.
10:00 – 12:00	Morning Activity	Field to Fork Farm Tour A practical activity including: Fordhall's history; the FCL; organic principles; tasting and debating; cows, lambs, pigs, worms and grasses activities; meet the butcher.	Habitat Hunters A farm exploration: hunting for habitats of bugs and insects, seeing where they live and creating your own bug house to take home.
12:00 – 14:00		Lunch and Free Time	Lunch
14:00 – 16:00	Afternoon Activity	Wild in the Woods A supervised relaxed, child-led woodland-based session with seasonal, practical experiences. Including Hammocks, Slacklines, Shelter building, Natural Crafts.	Depart Fordhall after lunch
16:00 – 18:30		Bunkhouse orientation, room settle and dinner	
18:30 – 20:00	Evening Activity	Campfire A relaxed opportunity to sit round the campfire in either the woodlands or outside our Straw Lodge. Whether you want to share stories or jokes, host a talent show, sing songs or bring an instrument, why not do it round a campfire with a warming mug of hot chocolate.	
20:00 – 21:00		Chill out and bedtime	



Standard 2-Night Itinerary

		Day 1	Day 2	Day 3
08:00			Breakfast	Breakfast
09:00 – 10:00		Arrive at Fordhall at 09.45	Morning Duties Seasonally dependant jobs, which could include: watering the garden, feeding the cows, checking the lambs.	Morning Duties Seasonally dependant jobs, which could include: watering the garden, feeding the cows, checking the lambs.
10:00 – 12:00	Morning Activity	Field to Fork Farm Tour A practical activity including: Fordhall's history; the FCLI; organic principles; tasting and debating; cows, lambs, pigs, worms and grasses activities; meet the butcher.	Habitat Hunters A farm exploration: hunting for habitats of bugs and insects, seeing where they live and creating your own bug house to take home.	Trails and Navigation Recognise landscape features through practical activities and will be introduced to orienteering. Groups can set and follow their own trails as well as following simple check point trails.
12:00 – 14:00		Lunch and free time	Lunch and free time	Lunch
14:00 – 16:00	Afternoon Activity	Wild in the Woods A supervised but relaxed, child-led woodland-based session with seasonal, practical experiences. Including Hammocks, Slacklines, Shelter building, Natural Crafts.	Eco-Cooking Focusing on food, where it's from and healthy diets. Using produce from our Community Garden and our organic farm shop; you have a choice of jacket potatoes cooked on an open fire with homemade beans and hand-linked sausages or homemade pizzas cooked in our outdoor cob oven	Depart Fordhall after lunch
16:00 – 18:30		Bunkhouse orientation, room settle and dinner	Free Time - Eat the food we prepared earlier	
18:30 – 20:00	Evening Activity	Campfire A relaxed opportunity to sit round the campfire in either the woodlands or outside our Straw Lodge. Whether you want to share stories or jokes, host a talent show, sing songs or bring an instrument, why not do it round a campfire with a warming mug of hot chocolate.	Woodland Games An exciting evening of energetic woodland games: Capture the Flag, Sardines etc.	
20:00 – 21:00		Chill out and bedtime	Chill out and bedtime	



Food at the Farm

We offer a fully catered package for your school using locally sourced and organic ingredients that will fuel your group for the busy days whilst at the farm.

Meal times at the farm are a social and shared experience, with all children involved in some parts of the process. Whether it is the making of sandwiches, preparing of salads, the serving of food and washing of dishes, or even the composting of food waste, we like to encourage the involvement in everything from Farm to Fork.

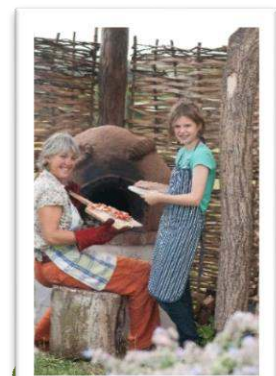
Sample Residential Menu

	Day 1	Day 2
Breakfast		Cereals, toast and preserves
Lunch	Packed lunch: sandwiches and fruit snack	Packed lunch: sandwiches and fruit snack
Dinner	Homemade Cottage Pie and Garlic Bread Dessert: Brownies	

	Day 1	Day 2	Day 3
Breakfast		Cereals, toast and preserves	Cereals, toast and preserves
Lunch	Packed lunch: sandwiches and fruit snack	Packed lunch: sandwiches and fruit snack	Packed lunch: sandwiches and fruit snack
Dinner	Homemade Cottage Pie and Garlic Bread Dessert: Brownies	Eco-cooking: pizzas or jackets, beans and sausages Dessert	

We would need to know of any dietary requirements in advance so we can cater for these.

Tea, coffee and water available at all times throughout the day. Squash available for children during meal times.



Potential Key Stage Links	KS1	KS2
Field to Fork Farm Tour	DT - Where food comes from	DT - How food is grown, reared and processed
Woodland Experience	Explore Nature, Mental and Physical wellbeing	Explore Nature, Mental and Physical wellbeing
Habitat Hunters	Science - Habitats – animals and plants - Simple food chains	Science - Grouping living things - Classification keys - Environmental changes
Eco-Cooking	DT - Healthy diet	DT - Seasonality - Healthy diet - Cooking techniques
Navigation and Trails	Physical Geography - Fieldwork – map construction	Physical Geography - Fieldwork – map construction
Campfire	Music - Expressive voices, chants and rhymes	- Relaxation - Fun
Woodland Games	- Fun - Teambuilding	PE - Team Games

Risk Assessment

There are full risk assessments for our residential visits and all activities during your stay. These are all available on request.

Residential Costs (all passenger numbers include accompanying adults)

- A 1-night residential stay with a group of up to 15 people costs £1185
15 – 34 people = £1185 plus £35 a head for any number over 15
- A 2-night residential stay with a group of up to 15 people costs £2150
15 – 34 people = £2150 plus £70 a head for any number over 15

This includes: accommodation, all meals and all activities on the timetable.

(Please get in touch to see how we can amend things to suit your group's needs)



Where you will be staying

You will be staying in our fantastic Straw Lodge. Our beautiful eco-building, built mainly out of straw bales, with a round wood timber frame. Using solar PV Panels to produce all the electricity you may need, your stay is not only relaxing, but also gentle on our planet.

Sleeping Arrangements

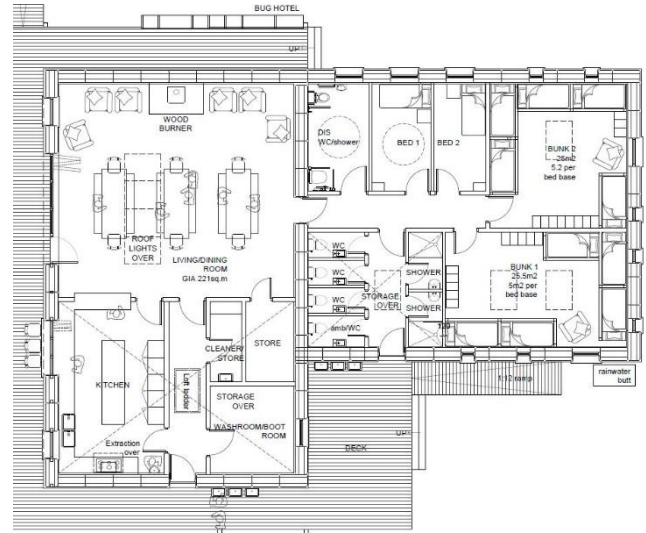
2 bunk rooms:

- each contain 5 bunkbeds to sleep 10 people
- 10 camp beds available to be split between the 2 rooms

2 leaders' rooms:

- one with 1 bunk bed to sleep 2 leaders
- one with 1 bunk bed, double below and single on top, to sleep 2 leaders

(Full bedding is not provided – we provide a fitted sheet. Please bring a sleeping bag or duvet and pillow.)



What else you need to bring:

- Towels
- Any additional snacks
- Any additional entertainment such as board games
- Sensible outdoor clothing and footwear for a farm location - wellies are essential!
- Slippers for inside the building, we request outdoor footwear is left on the boot racks

This pack is for visits April to September, please ask for our Winter pack for visits October to March

For any more information or to book your visit please contact mike.grabarz@fordhallfarm.com

